

# Conscious Evolution: *Co-Creating with Spirit to Change the World*

With Lynn Sparrow Christy, author of [\*Beyond Soul Growth: Awakening to the Call of Cosmic Evolution\*](#)

**Canadian Fellowship Conference, May 11 – 13<sup>th</sup>, 2018**

**“For the purpose is that each soul should be a co-creator with God.”** (Edgar Cayce Reading #4047-2)

Are you here to “outgrow” the earth plane or to help fulfill the purposes of creation itself? Your answer to that question will have great impact on the opportunities and energies you attract into your life, as well as the resources available to you as you respond to them. This weekend is about those opportunities and resources. It offers an in-depth look at how the struggles and challenges of life are about far more than our personal growth, about how *your* growth really matters to the universe. Personal growth is, of course, important to each one of us. But when we embark on the distinct path of the conscious co-creator, our own growth becomes the natural byproduct of intentional participation in evolution – evolution of the cosmos, evolution of the biological world, and evolution of consciousness itself.

At this crucial time in history, we may be tempted at times to feel powerless. Yet when we co-create with Spirit to change the world, incarnation provides a unique opportunity to bring expanded consciousness into our thoughts, our bodies, and the world around us, thus furthering the ongoing evolutionary advance. Our resources expand as we move into unison of purpose with the great evolutionary drive. This retreat will provide both a framework of understanding and an assortment of practical experiences that make the evolutionary path of the co-creator quite real, with clear steps to implementation. Over the course of the weekend you will:

- Explore the ways you actively participate -- or decline to participate -- in creation.
- Practice forms of meditation that work even when you feel like you can't quiet your mind.
- Gain new perspective on the problems and setbacks of life, as well as a liberating understanding of your own limitations.
- Playfully challenge your ego-generated blind spots in order to expand toward more complete expression of your true Self
- Deepen your sense of meaning and purpose as you embrace the unique opportunity that this incarnation represents.

**“For those who believe in God, or a cosmic intelligence, it would be blasphemous to suppose that the universe has been created without purpose or plan, or that the race has been brought into existence only to eat, drink and make merry with the extravagant expenditure of resources, both mineral and organic, of the earth. There must be a reason why intelligence has been granted to mankind and why a whole planet with all its wealth has been placed at her disposal.”** (Gopi Krishna, *Kundalini: Empowering Human Evolution*)

The fact that you are alive and spiritually aware at this time is a direct invitation to join those who choose to consciously engage the evolutionary drive in their own daily experience.

**“... you are a part of the controlling influence of the universe.”**  
(Edgar Cayce Reading #2560-1)

## Our Sessions:

Friday evening: **Why Your Life Matters to Evolution** Edgar Cayce's readings give a breath-taking vision of incarnation as a unique opportunity to bring consciousness into matter and the affairs of this world, thus furthering the advance of an ongoing creation. In the opening session we will set the stage for your own participation in an evolutionary path.

Saturday morning: **What Evolution Says About Your True Identity** Explore the evolutionary drive and the destiny of the soul. See where you can replace the remedial view of life's challenges with the expansive, evolutionary one. Practice awakening the evolutionary "I am" consciousness.

Saturday afternoon: **Our Path Up the Spiral: Finding Your Evolutionary Edge** Tackle the challenge of growing beyond the small self's control of your perceptions and daily choices. Shape a co-creative path based on the Cayce readings' time-tested advice.

Saturday evening (guided inner work + informal Q&A): **Evolutionary Consciousness and the "Self Before the Throne"** A meditative practice that works even when the "monkey mind" is active.

Sunday morning: **Corpuscles in the Body of God** From the great Hermetic principle, "As above, so below" to the Cayce readings' promise that our destiny is to "know ourselves to be ourselves, yet one with God," to those same readings' reference to us as "corpuscles in the body of God," the great pattern of the universe beckons us to take our place in the evolutionary advance.

**We hope you'll be there!** Whether you have been on a spiritual path for decades or are just setting out, the evolutionary path of co-creator has a distinct energy, perspective, and power to add to your life. And a retreat gathering is a special opportunity to leverage your individual efforts with the power of group intention. Please consider being a part of this weekend that is all about co-creating with Spirit to change the world. You just might find your own deepest meaning and life satisfaction along the way.

## What people who have studied this material with Lynn are saying:

- *WOW...what a powerful week. I now know so clearly why I was guided to take this program... I will continue to do these meditations as I feel they are invaluable guides in navigating this journey... I LOVED "Making a Commitment" guided meditation! It was SO fun and insightful at the same time. Your guided meditations are one of my favorite aspect of your programs, Lynn. They add a richer dimension and greater depth to the material, bringing forth greater clarity and insights than from just reading and answering questions. Sally L.*
- *These ideas are so beautiful and comforting... You are a very open minded and open-hearted individual. Carol W.*
- *So many helpful topics that resonate with prior experiences/studies. Judy B.*
- *It was a pleasure to have the Cayce material integrated into a coherent view of our evolutionary destiny. Art S.*
- *These meditations are as opening doors for me. Thank you. Hilde D.*
- *True to the sources from which she draws, Lynn points us beyond the small ego and toward selfless service and a participation in cosmic evolution. Her work as an educator and life coach shows in her helpful examples, and the practical exercises. John P.*
- *I also like your guidance on personal action plans for daily living to reach our evolutionary goals. Yvonne S.*
- *It changes my whole approach to life. Thank you, Lynn, for inviting me to participate in this course. Raisa L.*